Academy of General Dentistry, “Evidence-Based Pain Control”

Dr. Art Jeske, June 2021

1.  DEA:  <https://www.dea.gov/resources>

2.  Systematic reviews and randomized controlled trials for analgesic drugs:

      Search for “pubmed”, then enter:

         “Single dose oral [**name of drug**] for acute postoperative pain in adults”

3.  AAPD Guidelines on Pain Control in Children:

           <https://aapd.org/media/Policies_Guidelines/P_AcutePainMgmt.pdf>

4.  AAOMS White Paper on Opioid Prescribing:

      <https://aaoms.org/docs/govt_affairs/advocacy_white_papers/opioid_pescribing.pdf>

5.  Provider-Directed Analgesia for Acute Postoperative Pain:

     “Take 200 mg ibuprofen (e.g., 1 Advil) **WITH**500 mg acetaminophen (1

       Extra-Strength Tylenol) every 6 hours as needed for pain”

       (double these dosages for 8-hour duration or in larger adults)

6.  Prescription Analgesia for Acute Postoperative Pain:

     Rx Oxycodone immediate release 5 mg

          Disp:  6 (six) tablets

          Sig:  Take 2 tabs with 1,000 mg acetaminophen (2 ES Tylenol)

                   every 8 hours

           Warnings:  Do not drive, drink alcohol, work, etc.

           (quantity can be increased to 12 or 18 for 2- and 3-day regimens,

             respectively)