

# On the Cusp

## February 2021 Newsletter



### Greetings

2021 is off to a great start as the Nevada AGD kicked off the year with another live CE opportunity. We had a great turn out and are grateful for the knowledge Dr. Capurro and Senator Harris shared.

Be sure to check out our upcoming CE (below) that fulfills the Nevada opioid requirement as well as our feature story from one of our incredible students.

All the best,  
Emily Ishkanian Neal DMD  
NV AGD, President

### Welcome to our Newest Members

Dr. Alyssa Miyuki Ariyoshi

### Welcome Students

Dr. Ingrid Segui  
Dr. Juliette Sinex

## Upcoming Webinars from Nevada AGD

[The Opioid Crisis in Nevada](#) Sponsored by Drs. David Trylovich and Ryan Gifford

Wednesday, February, 10, 2021

Presented by: Dr. Darla Zarley

Fee: Members: \$35; Student AGD: FREE; Non-Member Students: \$5; Non-Member Faculty: 45; Non-Members: \$65

***Fulfills NSBDE licensure requirement***

## In His Words

**A Student's Perspective on Dental School Life  
During a Pandemic**

by: Dr. Charles Buchanan, 4th Year Dental Student  
**UNLV School of Dental Medicine**

Being a dental student means long hours of studying, sacrificing personal time, being met with challenges daily, and the occasional impostor system. However, I've also had some of the best times of my life in dental school as well.

### **Focused on the finish line**

I first fell in love with dentistry when my older sister got her braces removed around the age of 15 years old. When she got them removed, she had a noticeable boost of self-esteem. She began to smile more and enjoyed taking more pictures. I thought WOW! dentistry can really change someone's entire perspective of themselves. From there, I was sold. I looked into the profession and everything I found mentioned the stability of the career, great income, and a great work life balance. What's kept me passionate about dentistry – and has pushed me through my 4<sup>th</sup> year of dental school - is being able to give to people exactly what my sister received. Practicing dentistry affords me the opportunity to change lives and that's where I receive the most joy. 2020 has been full of challenges, but it was important to me to not lose my focus. Managing graduation requirements during the pandemic hasn't been ideal but I've found as long as I stay optimistic about my future I'm able to tackle my days well.

**Service to Organized Dentistry** Aside from treating patients, I'm heavily involved with organized dentistry. I first got involved with grassroots initiatives as a second year during the most recent legislative session in Nevada. A bill, SB366, was introduced which outlined the introduction of dental therapists in the state of Nevada. Through the American Student Dental Association (ASDA), I was able to use my voice as a student and join in the fight against midlevel providers. Although SB366 passed, I discovered a passion for advocacy and saw firsthand the power of united dental voices. I now serve on ASDA's national Licensure Task Force. We are currently developing a state-by-state strategy to advance licensure reform efforts in states that have not yet made changes due to the COVID-19 pandemic. I believe advocacy has been one of the most important pieces of the dental school experience.



My fourth year in dental school has been a rollercoaster ride. I was elected as ASDA District 10 Trustee on March 7<sup>th</sup>, 2020 and about a week later the national shutdowns began. I've had this experience as Trustee completely virtually and I'm leading a team of about 90% people I've never met in person. As Trustee I'm responsible for providing resources to 7 local chapter presidents, and communicating national news, events, strategies. In the board room, I help make decisions on strategic goals, finances, initiatives, appointing members to positions - it's really cool. It's taught me so much about my own resiliency and ability to pivot, I've improved in my



communication, I've learned how to set boundaries, how to be decisive and defend my stance, and to ask for help when I need it. I would do it all over again.

### **What I've Learned**

What has been most important to me during this time are my boundaries. It's been really important for me to know what my values are and what my hard limits are. I can't get

to everything I need to get to in one day and that's okay, I leave it for tomorrow. Sometimes for me that looks like taking Saturday to not respond to any emails or it's asking for help - delegating a work task to someone else who could also perform that task. I make time for my loved ones. It's easier now in my last year of dental school now that I'm not doing as much studying as I once had to - but even during my first two years of dental school I made it a priority to keep parts of my identity that weren't dental related. It's one of the biggest pieces of advice I give to incoming students. I suggest to incoming students to pick at least one hobby that you had before dental school that makes you come alive or relaxes you, reminds you of home, whatever it is and commit to doing that at least once a week. During my first year of dental school, I would reserve Thursday nights for wax and relax. I would practice my wax ups with a glass of wine, and watch my favorite tv shows. It was a great way for me to be productive while also engaging in activities that I enjoyed.

### **Eye on the Prize**

Moving forward, I am excited to see what the rest of my fourth year in dental school looks like. I've managed to complete most of my graduation requirements during the first semester which was a goal of mine. I can relax now for the most part and I look forward to finding the perfect office to begin my career as a dentist.

For those that submitted their information to the [DHHS survey](#), an email confirmation was sent out. We will do this every week until the 8th of January. We will send an email out the first week of January with notification that **the survey will close on the 8th.**

## Did You Miss Information About Administering the COVID-19 Vaccine?

As of January 14, 2021, Nevada Gov. Steve Sisolak, Nevada Health Response, Nevada Department of Health and Human Services issued the following [press release](#) Nevada Health Response Guidance: [Directive 011 Administration of Vaccines by Providers of Medical Services](#)

In summary...

**What it says:** All qualified healthcare providers are encouraged to administer COVID-19 vaccinations.

**Who:** Dentists are qualified to administer the vaccine. Hygienists are qualified to administer the vaccine, but must be supervised.

**Word of Caution:** Although the directive allows dentists to administer the COVID-19 vaccine outside of a Point of Distribution (POD), dentists are cautioned against administering the vaccine in one's office.

**What to Do to Administer the Vaccine:** Complete the CDC's self-paced vaccine administration course.

- [Review modules prior to taking the course.](#) or
- [Take the course and view the modules within the e-course.](#)
- Complete the course.
- Go to <https://tceols.cdc.gov> and set up an account.
- Under "search courses," search for the course: "WB2502 Immunization: You Call the Shots-Module Eighteen- Vaccine Administration" and add the course to your list.
- To earn CE for courses:
  - Under Pending CE, click on the Course Evaluation and complete it.
  - Click on the Post-test and complete it. If you don't pass the Post-test, you will have one opportunity to retake it.

### **Register through SERV-NV to help.**

If you are provider of medical services and you would like to help administer the vaccine, please apply at [www.servnv.org](http://www.servnv.org) and register as part of the Battle Born Medical Corps organization. Contact the State Volunteer Manager, Rachel Marchetti at [rmarchetti@health.nv.gov](mailto:rmarchetti@health.nv.gov) for more information. (Maintain a copy of your certificate on your person while volunteering)



## We're Making It Easy... Renew Your Membership [HERE](#)

**Current AGD Members:** Click [HERE](#) to renew your AGD membership.

AGD recognizes that members' circumstances change throughout their careers. To assist members through these transitions, AGD offers various membership status options to current members in good standing. If your circumstances have changed, please view the [membership status change request form](#).

**Former Members:** Do you want to rejoin AGD? We would love to have you back!

To rejoin AGD, please contact the AGD Membership Services Center at 888.243.3368 (toll-free) or 312.440.4300, Monday through Friday from 7:30 a.m. to 5:30 p.m. CST.

## Upcoming Webinars from AGD

### [50 Useful Clinical Tips: 2021 Edition](#)

Saturday February 13, 2021: 10:00am – 1:00 p.m. CDT

Presented by Mark Schmidt, MBA

Fee: Dentists, \$236; Staff, \$50

### [The 3D Experience: An Introduction to CBCT for the Dental Practitioner](#)

Tuesday, February 16: 7:30 pm - 8:30 pm CST

Presented by Chad C. Duplantis, DDS, FAGD

Fee: Members \$75, Students \$37.50, Non-Members \$125

### [Planning for Resistance: Traditional to Modern Single-Tooth Indirect Restorations](#)

Tuesday, February 23rd: 7:00 pm - 8:30 pm CST

Presented by Maj. Martin Smallidge, DMD, MPH, MS

Fee: Dentists, Members \$75, Non-Members \$125, Students \$37.50





## **2023 AGD Scientific Session is coming back to Las Vegas!**

**Are you interested in volunteering for the  
Local Arrangements Committee?**

We could use amazing people to help us...including our remarkable students.

Connect with us at [agdnevada@gmail.com](mailto:agdnevada@gmail.com) to participate!

**Otherwise...mark your calendars**

**to be with us at AGD2023, July 13-15, 2023 in Las Vegas, Nevada!**

**YOUR VOICE FOR EXCELLENCE THROUGH EDUCATION AND ADVOCACY**

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