

Red Light Therapy for Dentistry

Loretta Pouso, DDS, FAGD

Subject: 135 Laser Therapy

Credits: 1

Method: Lecture

Tuesday, Oct. 29: 7–8 p.m. CDT

Audience: Students, Residents, Dentists, Dental Assistants

Fee: \$37.50 (students and residents); \$75 (members); \$125 (nonmembers)

Description

Celebrities, professional athletes and cancer survivors have all been implementing red light therapy (RLT) in their daily lives, and now RLT is finding its place in the dental office. This course will delve into the inception of RLT and its emerging role in dental practices, concentrating on the mechanisms of action and clinical implications. RLT appears to show major promise in many dental areas of discipline, from periodontics and endodontics to ulcerative oral treatments such as oral mucositis from radiation therapy.

Learning Objectives

1. Understand the history, science and mechanisms of action behind RLT as well as how it can be used in dental applications.
2. Explore the clinical evidence supporting the efficacy of RLT in medicine and dentistry.
3. Discuss the potential integration of RLT into dental practice protocols.

Speaker Bio

Loretta Pouso, DDS, FAGD, born and raised in New York City, is a graduate of the New York University (NYU) College of Dentistry. She continued her studies by completing a year of general practice residency at North Shore University Hospital in Manhasset, New York, and studied advanced cosmetic and restorative dentistry at the prestigious Rosenthal Institute for Aesthetic Dentistry at NYU. The following year, Pouso was named clinical associate professor at the Rosenthal Institute. Pouso also received advanced dental education at the Pankey Institute in Key Biscayne, Florida, and completed the DSD Residency.