

# The Virginia VOICE

VAGD

Summer 2007

## Highlights

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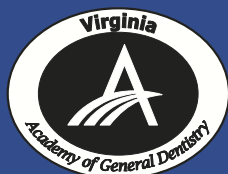
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## Academy of General Dentistry Mission Statement

To serve the needs and to represent the interests of general dentists and to foster their continued proficiency through quality continuing dental education in order to better serve the public.



## VAGD Celebrates 400th Anniversary of the Nation at the 19th Annual Colonial Dental Conference

Summer 2007.... The AGD National Conference in sunny San Diego. Quality Continuing Education, coupled with the area's many attractions.... What could be better!?! How about something a little closer to home?

The Nineteenth Annual Colonial Conference is being held in historic Williamsburg, VA at the Williamsburg Hospitality House on November 2<sup>nd</sup> and 3<sup>rd</sup>! Celebrate our nation's 400<sup>th</sup> Anniversary while attending top continuing education courses!

Featured speakers this year include Dr. Ronald Jackson, discussing "The Art, Science and Simplicity of Direct Composites," and Dr. Joseph Massad, talking about "Dentures For The Baby Boomers..." This year the conference will also include courses for ACLS certification and both ACLS and CPR re-certification.

Dr. Jackson will show a simplified, predictable placement technique for the Class II direct resin restoration; he will also illustrate the value of using direct composite for treating anterior restorative and cosmetic needs, using logical and conservative techniques and creating pleasing results for both the patient and the dentist. Dr. Massad will explain that before you commit to making a new denture for a patient, knowing the end result is imperative;

he will review an updated 62-point assessment form, new impression techniques, physiological zoning of tooth placement, and orthopedically repositioning of the mandible. The Advanced Cardiac Life Support certification class is tailored to the needs of the general dentist and is required by the VA Board of Dentistry in order to practice sedation dentistry.



Above—Colonial Williamsburg offers visitors many special attractions for young and old!

Colonial Williamsburg has so much to offer, especially as we celebrate our nation's 400<sup>th</sup> Anniversary. This historic area is an amazing, working 18<sup>th</sup>-century city with many venues and intriguing tours.

Inside this issue of The Virginia Voice you will find all the information needed to register for the Colonial Conference, including hotel information as well as biographies of

(Continued on page 2)

## Message from the President...

Cheryl B. Billingsley, DDS, FAGD



### Great Member Benefits!

**I**n August 2006, I attended the National Meeting of the Academy of General Dentistry. What a great meeting! If you have never taken the opportunity to attend one of the annual sessions, you have missed some wonderful, educational meetings with other general dentists. From across the country dental supply companies have on display the latest equipment and supplies. The Academy of General Dentistry continues to enhance the educational level of all members of the AGD. This year's annual meeting is in sunny San Diego, June 27<sup>th</sup> through July 1<sup>st</sup>. In 2008, the AGD will convene in Orlando, Florida and in Baltimore, Maryland in 2009. What a great chance to obtain exceptional continuing education credits, while still having time for a great family vacation.

Techniques and methods of patient education continue to advance in all areas of dentistry. The Virginia Academy of General Dentistry has aligned with the best possible speakers for our state. In November, we will be honored to have Dr. Ron Jackson speaking at our annual Colonial Conference in Williamsburg. In addition, Dr. Joseph Massad will be speaking on the most up-to-date information relating to prosthetic dentistry. Also, board mandated ACLS and CPR will be offered. So make your reservations now to join us in beautiful Colonial Williamsburg to receive most of your requirement credits in one weekend.

In addition, the National office is working very diligently to have each member's CE transcripts prepared in a format to meet our state's Board requirements. This is a great time-saving member benefit!

Also, the Academy of General Dentistry now has a Washington lobbyist. On the AGD website, [www.agd.org](http://www.agd.org), you can communicate with the state and federal legislators. This June, leaders from the

Academy of General Dentistry are meeting with each state's legislators in Washington, DC—this day will be known as “A Great Dentist Goes to Washington”. Many pertinent issues are arising and it is imperative that the AGD's voice be heard. Issues, such as the ADA guidelines for sedation dentistry and periodontal guidelines issued by the AAP, directly affect the manner in which we practice on a daily basis.

The AGD is at the forefront for the general dentist and continues to be the voice of the general dentist. We can only be as good as our members make this Academy. Please stay active in your organization. The VAGD is your voice for general dentistry and is the only national organization that is primarily devoted to the general dentist.

Please contact the executive secretary, Frances Kimbrough (804-320-8803) if you have an interest in serving in a leadership position for the Virginia Academy of General Dentistry. Also, please note the address for our Central Office has changed as of May 1, 2007 to: Virginia Academy of General Dentistry, 4513 New Kent Avenue, Richmond, VA 23225. The telephone number remains the same.

### 19th Annual Colonial Dental Conference

*(Continued from page 1)*

the featured speakers. You will also find upcoming continuing education courses, information on issues facing the general dentist, reports from Region 5, and a letter from our VAGD President.

Williamsburg is a great place to take the entire family, and it does not take a cross-country plane flight to get there! Mark your calendar today for November 2<sup>nd</sup> and 3<sup>rd</sup> in Williamsburg, Virginia, The Nineteenth Annual Colonial Conference.



*Above—Re-enactment of Colonial days.*

We look forward to seeing you there!

**Regional Director's Report  
George R Shepley, DDS, MAGD  
Regional Director, Region 5**

**VCU/VAGD MasterTrack CE Program  
Is Underway**

**R**egion 5 had a very successful Continuing Education Program on March 2, 2007. Dr Charles Doring arranged to have five instructors, including the Dean, from the University Of Maryland School Of Dentistry speak on an array of topics. The content was wonderful and the food was great! This meeting is laying the groundwork for the 2009 AGD Annual meeting in Baltimore. The brand new Dental School in Baltimore is only four blocks from the Baltimore Convention Center where the meeting is to be held. The National Dental Museum is also in between them. Be sure to plan to attend this fantastic meeting.

Remember the Annual meeting this year is in San Diego. The meeting is from June 27 to July 1. This is a meeting you don't want to miss. San Diego is a beautiful city with so much to do, and the Annual meeting will have a great lineup of Continuing Education. The real special event is on Saturday, with the Convocation on the USS Midway aircraft carrier. This will be followed by the Premier Event in the evening with fireworks, fun and food on the Midway. Don't miss it!

This meeting also brings to an end the presidential term of Virginia's own Bruce DeGinder. Bruce has been a very dynamic leader. He has taken the AGD closer to the goals of 2010. Virginia should be proud of Bruce's accomplishments. It has been an honor and a joy to work with Bruce over these past years. It is also exciting to another Region 5 leader ready to move up into the presidential role. Maryland's David Halpern is running at this time unopposed for the President's track. Region 5 continues to be a source of strong leadership for the AGD.

For further information, please contact Dr. Shepley at [gshepley@comcast.net](mailto:gshepley@comcast.net).

VCU is now accepting registration for the 1<sup>st</sup> Session MasterTrack Program. The VCU/VAGD MasterTrack CE Program consists of 400 hours of participation-type continuing dental education and uses the protocol format outlined by the AGD. Participants desiring the AGD's full Mastership recognition must complete an additional 200 hours of continuing dental education through other courses. The entire program of 400 participation hours can be completed in eight sessions over four and a half years. All of this information can be found by looking for the September MasterTrack First Session entry at <http://www.dentistry.vcu.edu/ce/course>.

**Learning Activities**

**Lecture:** traditional lecture format and setting. There is no limit to how many participants can attend.

**Participation:** active hands-on participation in a laboratory or clinical setting. Over 30% of the on-site hours will be hands-on.

**Protocol:** completion of off-site, in-office assignments while not under the direct supervision of an instructor. Credit is awarded for assigned self-study and hands-on work, and case reports regarding patient care. Half of the hours will be of the homework assignment protocol type.

**1st Session:** September 27-30, 2007

On-site times: Thursday noon – Sunday noon

CE credit hrs: Endodontics (13), Operative Dentistry (2), Photography (4), Powerpoint (3), Basic Science (2), Orientation (1) Homework hrs: 26; self-study, lab work, patient-based case reports  
Location—VCU School of Dentistry classrooms, labs, and clinics: Presenters—VCU School of Dentistry faculty and staff

**2nd Session:** TBD; March 2008

On-site hours: Endo Case Reports (5), Implantology (14), Oral Medicine (6)

Homework hrs: 25; self-study, lab work, patient-based case reports.

Location—VCU School of Dentistry classrooms and labs: Presenters—VCU School of Dentistry

*(Continued on page 7, column 2)*

# Paying LTCI Premiums with Business Dollars Is Less Taxing

By J. Cory Hoffer, CFP®, Senior Financial Advisor, John Hancock Financial Network

VAGD is introducing long-term care (LTC) insurance to all members at **reduced premiums**. LTC insurance has significant tax advantages for self-employed individuals, employers or employees if it is paid by the business or employer.

When a business pays for LTC insurance premiums for a self-employed individual the business will be able to deduct 100% of the eligible premiums paid and the benefits received from a tax-qualified LTC insurance policy are not included in gross income. Who can benefit? Individuals who are: Self-employed, sole proprietors, general partners in a partnership, members of a Limited Liability Company (LLC) taxed as a partnership, or a more than 2% shareholder employee of an S Corporation.

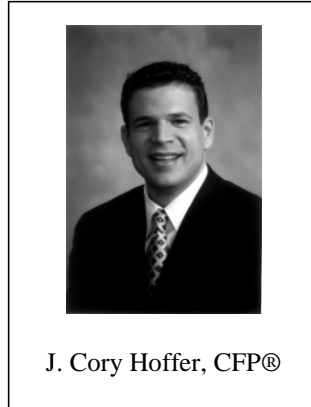
For a business owner, when an employer pays for LTC insurance premiums under an employee accident or health plan the business will be able to deduct 100% of the premiums paid; the employee will be able to exclude the premiums from his/her gross income; and the benefits received for a tax-qualified LTC insurance policy are not included in gross income.

Either plan may also include the employee's spouses and dependents; and, participation in a LTC insurance employee accident or health plan may be discriminatory!

## Is it right for you?

You may be wondering if LTC insurance is the smartest decision for you and your family. The recent interest in LTC insurance is likely due to three factors: the evolution of these insurance products, limited alternatives for financing care, and growing consumer awareness of the benefits of LTC insurance.

These policies have evolved over time to be far more flexible than they were in the early days, when they were known as nursing home policies. Today, most policies



J. Cory Hoffer, CFP®

allow the insured to receive care in the setting of their choice, whether this is at home, in an assisted living facility, adult day care center or nursing home.

## What advisors recommend

For the majority of the population who cannot afford to self-insure this risk, some financial planners are beginning to recommend LTC insurance as a core element of a family's financial plan. The advantages of planning ahead and purchasing the insurance at

younger ages (under age 55) include:

- ★ The younger you buy, the cheaper the premiums.
- ★ Younger buyers are more likely to be in a healthy condition to qualify for coverage.

The coverage can pay for caregivers to come into the home, where most people prefer to receive care.

## Is it worth it?

Few people regret purchasing car insurance or home insurance policies when an accident takes place. The coverage earned is far greater than the annual premiums paid, especially when you consider the alternative: paying for a new car or a new home out-of-pocket. The same is true of LTC insurance. The benefits paid out under a LTC insurance policy for one year alone often can exceed the cumulative premiums a client pays into a policy over many years.

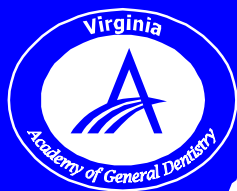
*J. Cory Hoffer is a member of VAGD and can be reached at 804-288-8800 ext. 111 or [jboffer@jhnetwork.com](mailto:jboffer@jhnetwork.com).*

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<sup>1</sup>Per diem or indemnity benefits are not included in income except those amounts that exceed the greater of total qualified LTC expenses, or \$240 per day in 2005.

<sup>2</sup>A more than 2% shareholder employee, their spouse and dependents are treated as self-employed and can take a 100% self-employed health insurance deduction for the eligible premium for that year (IRC Section 213(d)(10)).

THE VIRGINIA ACADEMY OF GENERAL DENTISTRY PRESENTS:



## Dr. Vasilios Mesimeris

“Bringing Immediate Load Implant Dentistry  
Into Your Practice”

Norfolk, VA

May 4, 2007

### Course Description

From single tooth restorations to full mouth rehabilitations: you can greatly shorten your patient’s treatment time with predictable results. Implants have changed the way we think and practice dentistry today. In the ever-evolving science of implantology, clinicians need the most up-to-date procedures available to maintain a state-of-the-art practice. The objective of this course is to take the participant “to the next level” with treatment planning, solutions, and recipes for success in implant dentistry with immediate loading. Through the use of clinical examples, participants will learn about implant coating technology and implant designs. They will also learn about temporary, esthetic, and multi-unit abutment options and their significance in immediate loading and final restoration of implant cases. Course Content: \* The use of Easy and Snappy abutments for soft tissue support, immediate load and final restoration; \* NobelReplace-immediate placement in extraction sites with temporary and esthetic abutments- a versatile system; \* Soft tissue sculpting- the use of temporary and healing abutments to shape the soft tissues and preserve esthetic contours; \* Nobel Perfect- a unique, one of a kind scalloped implant designed to maintain soft and hard tissue at the implant level; An internal abutment that limits margins and maintains biologic width, ideal for anterior tooth replacement; \* Nobel Direct- a one piece preplace implant/ abutment, maximizing the restorative drive in implant placement for predictable results; \* All-on-4-concept- the use of the Branemark implant and multi-unit abutments for full arch immediate load; \* Temporary implants-the use of these disposable implants to load your case while permanent implants integrate-uses, limits and techniques for temporization; \* RDSP- the Restorative Driven Surgical Practice- the coordination of the surgical, restorative practice with the laboratory to immediately load cases as well as reduce overall treatment time from treatment planning to final restoration; \* Nobel guide – teeth in an hour; Surgical and prosthetic treatment planning for immediate loading; \* Complications- what happens when things go wrong-solutions for problems and cases without solutions!

### Location

The Holiday Inn Select Hotel is located at 1570 North Military Highway in Norfolk, VA 23502, only two miles from Norfolk International Airport and central to every city in Hampton Roads including Norfolk, Virginia Beach, Suffolk, Hampton, and Downtown Norfolk. For reservations, call 1-757-213-2231.

### About the Speaker

Dr. Mesimeris received his DMD degree from the University of Medicine and Dentistry of New Jersey and his periodontal training at SUNY at Stony Brook. He is an assistant clinical professor in the post-graduate periodontics program at SUNY at Stony Brook and is on staff at Good Samaritan Hospital. He is currently in a private practice limited to periodontics and oral implantology in Babylon, New York.



Dr. Mesimeris is a member of the American Association of Periodontics, Northeastern Society of Periodontics, American Association of Osseointegration and other professional organizations and study groups. He lectures locally and nationally on the subjects of periodontics and oral implantology with an emphasis on esthetic implant/prosthetic solutions, and clinical digital photography.

#### Cancellation and Refund Policy.

Cancellations must be in writing. Full refund if cancelled 2 weeks prior to the course. After that a \$35 processing fee will be retained. **No refunds within 72 hours of course.**



### Registration

**Dr. Vasilios Mesimeris - May 4, 2007—8:30am—5:00PM  
Holiday Inn Airport Hotel, Norfolk, VA**

Name \_\_\_\_\_ Tel # \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
AGD # \_\_\_\_\_ E-Mail \_\_\_\_\_  
Add'l Names: \_\_\_\_\_ Amt. \$ \_\_\_\_\_  
\_\_\_\_\_ Amt. \$ \_\_\_\_\_

#### Registration Fees:

	Early	After 4/4/07
VAGD member	\$199	\$249
Non-member	\$249	\$299
Staff/Resident	\$ 79	\$ 99
Student	\$ 39	\$ 39

Return with check made payable to: **VAGD**, c/o Frances Kimbrough,  
4513 New Kent Avenue, Richmond, VA 23225, or  
charge to \_\_\_\_\_ VISA \_\_\_\_\_ MasterCard \_\_\_\_\_ American Express  
# \_\_\_\_\_ Exp. Date \_\_\_\_\_ / \_\_\_\_\_  
Cardholder: \_\_\_\_\_ Amt. \$ \_\_\_\_\_

# THE VIRGINIA ACADEMY OF GENERAL DENTISTRY 19TH COLONIAL DENTAL CONFERENCE



*Ronald D. Jackson, DDS, FAGD, FAACD*

*Joseph Massad, DDS*

*ACLS Certification and Re-Certification Course*

*(Required by the State Board of Dentistry)*

*CPR Certification Course*

Williamsburg, VA

November 2-3, 2007

The Nineteenth Annual Colonial Dental Conference is being held at the Williamsburg Hospitality House, located at 415 Richmond Road in Williamsburg, Virginia (tel. 757-229-4020). Enjoy the history and charm of the area, celebrate the nation's 400th anniversary, all while attending top continuing education courses!

**Ronald D. Jackson, DDS, FAGD**  
**Friday, November 2nd, 2007**  
**"The Art, Science and Simplicity of Direct Composites"**



## Course Description

### Part I: Class II Direct Resins: Faster, Easier and Better

Amalgams have served dentistry for almost a century. However, amalgam fillings undergo constant corrosion and are not esthetic. Also, they don't seal or strengthen teeth. The advancements made in adhesive technology and composite resin materials have revolutionized restorative dentistry. The posterior direct resin restoration not only satisfies patients' ever increasing desires for esthetics, but may even be better dentistry. These restorations seal teeth, reinforce remaining tooth structure and allow more conservative preparations. In this presentation, Dr. Jackson will show a simplified, predictable placement technique for the Class II direct resin restoration. The procedure is based on proven, predictable adhesives, advanced resins specifically developed for posterior use and newly designed instrumentation. These features, along with a standardized system of resin placement, combine to reduce the time and effort for the dentist and increase the esthetic satisfaction of the patient. Additional topics covered include: Where indicated – assuring success; Creating esthetic restorations not white fillings without a contact; Avoiding postoperative sensitivity – every time; Finishing and polishing – minimized.

### Part II: Giving Your Patients Something to Smile About: The Art of Direct Resin

The greatest impact of cosmetic or esthetic dentistry is providing patients with beautiful smiles that enhance self-esteem and encourages them to refer. However, these materials have undergone significant evolution in recent years and dentists are challenged to keep current. In addition, esthetic standards have been raised and quality outcomes redefined by today's educated patient. Restoring anterior teeth with a single

shade and opacity is no longer acceptable. This presentation will illustrate the value of using direct composite resin for treating anterior restorative and cosmetic needs. The logical, conservative techniques shown will lead to results that please both the patient and the dentist. Topics to be covered include: A rationale of additive dentistry versus subtractive; Materials and systems; Color, opacity, translucency, texture and contour; The invisible Class IV; diastema closure, basic veneers, complex veneers, etc

**Joseph Massad, DDS**  
**Saturday, November 3rd, 2007**  
**"Dentures For The Baby Boomers: Updated Assessment Form, New Impression Techniques, Physiological Zoning of Tooth Placement, and Orthopedically Repositioning the Mandible"**



## Course Description

**The Assessment of Edentulous Patients.** Knowing your result before you commit to making a new denture for a patient is imperative. Dr. Massad will demonstrate his 62-point Q&A to the audience. This Q&A will assist the dentist in determining the outcome prior to committing to making a prosthesis. Initially published as a 22-point Q&A in compendium in the 1980's this check list has now expanded into a 62-point Q&A, which is his latest.

A new impression technique will be described in detail. Dr. Massad along with his colleagues has developed a layering technique of impression making for edentulous patients. This technique includes making both a static and functional impression in the same appointment. The primary objective is to eliminate the preliminary impression and a stone cast and go straight to a definitive impression. The goal is to not only eliminate one appointment, but is to produce a more detailed definitive final impression. Dr. Massad will describe this technique in detail.

The next step is making the external impression. The external impression is that impression which physiologically captures the cameo surface of any removable prosthesis. Instead of guessing were to put the gingival display on a prosthesis this technique will take the patients physiological functional variances and transfer it on their prosthesis diminishing food entrapment around and underneath the prosthesis. This concept has proven to be the most accurate customized impression-allowing patients to feel very natural with their prosthesis.

**Mandibular Orthopedically Repositioning of the Mandible is imperative when treating the severely closed vertical edentulous patient.** Dr. Massad will discuss how orthopedically repositioning the mandible is one of the keys in assessing and faking jaw records. After the mandible is properly positioned for proper muscular length, condyle seating, and adaptation, all records now can be predictable and repeatable each and every time.

**Advanced Cardiac Life Support  
Friday, November 2nd (2:00PM-5:30PM) and  
Saturday, November 3rd (8:00AM—1:00PM)  
ACLS Certification**

**(REQUIRED BY THE BOARD OF DENTISTRY IF YOU PRACTICE SEDATION DENTISTRY!)**

Advanced Cardiac Life Support (tailored to the needs of the "general dentist") is an American Heart Association certificated program that meets and exceeds the VA Board of Dentistry requirements. It is an objective based course covering basic and advanced airway management: medication; administration; rhythm recognition; and pre and post-cardiac emergency management.

**CPR Re-Certification  
Friday, November 2nd, 2007 (AM)**

**Advanced Cardiac Life Support Re-Certification  
Saturday, November 3, 2007 (8:00 AM—1:00 PM)**

**VCU/VAGD MasterTrack Program**

*(Continued from page 3)*

faculty and staff  
Virginia Commonwealth University, School of Dentistry is designated as an ADA CERP Recognized Provider.

Tuition—\$1,295 for each 25-hour session and corresponding homework assignment follow-up. This includes all breakfasts, lunches, and breaks, Thursday evening reception, and a group dinner on Friday. There will be additional costs to participants for supplies for hands-on courses, travel, and overnight accommodations.

Learning Enhancements—VCU will use a Learning Facilitator to promote the quality of the overall program at a postgraduate level; helping speakers design and evaluate oral case reports, written case reports, and other assignments; and participating in the on-line conversation between the on-site sessions.

VAGD will provide a facilitator who will help oversee the delivery of the courses and will serve as a teaching assistant in the hands-on courses.

VCU will use a MasterTrack website via the Blackboard™ on-line course management system, with secure log-ins limited to the participants, the speakers, the Learning Facilitator, the CE Director, and other CE Office personnel. This site will be used for posting general information about the MasterTrack Program, information about specific sessions and topics, reading materials and homework assignments, and materials for case reports, and for exchanging information, posing questions, and conversing with the MasterTrack group.

Cancellation Policies Specific to MasterTrack—For MasterTrack participants, due to the limited-attendance nature of the hands-on segments, case report reviews, and homework assistance, little flexibility can be offered. Full tuition refunds will not be possible. Cancellations more than a week prior to course date will be refunded tuition minus \$325. No refunds will be issued for cancellation received seven days prior to the day of the course

*(Continued on page 11)*

Registration— 2007 Colonial Dental Conference November 2 & 3, 2007 Hospitality House, Williamsburg, VA				
Name _____				
Address _____				
City _____		State _____		Zip _____
AGD # _____	Tel. # _____	E-Mail _____		
(Circle)				
Course(s) 1	2	3	4	5
				Amt. \$ _____
Other Attendee				
Name _____				
Course(s) 1	2	3	4	5
				Amt. \$ _____
Course 1	Dr. Ron Jackson		Friday, 8:30AM—5:00PM (lunch)	
Course 2	Dr. Joseph Massad		Saturday, 8:30AM—5:00PM (lunch)	
Course 3	ACLS Certification		Friday, 1:00PM—5:00PM and Saturday, 8:00AM—12:30PM	
Course 4	ACLS Re-Cert.		Saturday, 8:00AM—12:30PM	
Course 5	CPR Certification		Friday, 9:00AM—12:00 noon	
<b>Course 1 or 2</b>			<b>Course 1 and 2</b>	
	<u>Early</u>	<u>After 10/4/07</u>	<u>Early</u>	<u>After 10/4/07</u>
VAGD member	\$199	\$249	\$329	\$379
Non-member	\$249	\$299	\$379	\$429
Staff	\$109	\$139	\$169	\$199
Student	\$ 49	\$ 69	\$ 99	\$119
<b>Course 3</b>	<b>Course 4</b>		<b>Course 5</b>	
\$550	\$350		\$59	
Return with check made payable to: <b>VAGD</b> , c/o Frances Kimbrough, 4513 New Kent Avenue, Richmond, VA 23225, or				
charge to # _____	<u>(circle one)</u>			
	VISA	MasterCard	American Express	
Cardholder: _____				
Expiration Date: _____ Amt. Charged \$ _____				



nobody else delivers

## a total solution

As world leaders in innovative esthetics dental solutions, Nobel Biocare is the only company that offers you a total solution for every indication - from start to finish.

- Easy Esthetics™, Soft Tissue Integration™, and Immediate Function™ give all your patients Beautiful Teeth Now™
- Surgical planning with pin-point precision, based on CT Scans
- Flapless surgery with no healing time required prior to functioning
- Strong and long lasting, Procera® provides the beauty and translucence of natural teeth
- Our unique biomaterial TiUnite® delivers faster bone formation than apposition alone

Find out more about the esthetics dentistry of the future. With Nobel Biocare, it can be yours today.

For more information, contact your Nobel Biocare Sales Representative, call Customer Support at 1.800.322.5001 or visit [www.nobelbiocare.com](http://www.nobelbiocare.com)



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Nobel Biocare Canada, Inc. 9177 Leduc Street, Unit 300, Richmond Hill, ON L4B 4N1 • Phone: 905-762-3501 • Toll Free: 800-919-0994 • Fax: 905-880-4343

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## WHAT IS YOUR MOST VALUABLE ASSET?



### Disability Income Insurance



**J. Cory Hoffer, CFP®**  
Senior Financial Advisor

**John Hancock Financial Network**  
3951 Westerre Pkwy, Suite 400  
Richmond, VA 23233  
804-288-8800 ext. 115  
804-285-5800 fax



The Union Central Life Insurance Company  
1876 Waycross Road  
Cincinnati, Ohio 45240  
800-388-8802  
Fax 513-388-8802  
[www.unioncentral.com](http://www.unioncentral.com)

Your car? Your home?  
What about your income?

Your ability to earn an income makes everything else possible. So, if you were to become disabled and couldn't work, what would you do?

The disability income plan available through Virginia Academy of General Dentistry can be the answer. Because you are an association member, you can purchase a high-quality, NonCancellable disability income policy with a 15 percent association discount!

Contact your association's disability income representative.

John Hancock Financial Network is a service mark of John Hancock Life Insurance Company and its affiliated companies. Disability Income Insurance offered independent of John Hancock Life Insurance Company and Signator Investors, Inc. Securities and Investment Advisory Services offered through Signator Investors Inc., Member NASD, SIPC, a Registered Investment Adviser, 4020 Westchase Blvd., Suite 450, Raleigh, NC 27607.  
201-04182007-13597137

Dear Friends and VAGD Colleagues,

As many of you know the ADA has set forth new proposed guidelines on the use of enteral sedation. Below is a nutshell of what the new guidelines propose:

Teaching guidelines are at:

[http://www.ada.org/prof/resources/positions/statements/proposed\\_anxiety\\_guidelines.pdf](http://www.ada.org/prof/resources/positions/statements/proposed_anxiety_guidelines.pdf).

For Anxiolysis (to be called “Minimal Enteral Sedation”):

16 hours didactic (Page 13 of proposed Teaching guidelines)

Dentist must remain in operatory the entire time (Page 7 of proposed Use guidelines:

[http://www.ada.org/prof/resources/positions/statements/proposed\\_anesthesia\\_guidelines.pdf](http://www.ada.org/prof/resources/positions/statements/proposed_anesthesia_guidelines.pdf)).

For Oral Conscious (to be call “Moderate Enteral Sedation”):

60 hours didactic and must include IV training (Page 15 of proposed Teaching guidelines)

10 LIVE patients (Page 15 of proposed Teaching guidelines)

Dentist must remain in operatory the entire time (Page 9 of proposed Use guidelines:

[http://www.ada.org/prof/resources/positions/statements/proposed\\_anesthesia\\_guidelines.pdf](http://www.ada.org/prof/resources/positions/statements/proposed_anesthesia_guidelines.pdf))

(d) 1:1 to 1:3 faculty-student ratios (Page 16 of Proposed teaching guidelines)

The current Teaching guidelines in a nutshell:

Anxiolysis (dental license only, except WV requires a 6-hour certificate)

Oral Conscious (18 didactic hours and 20 patient experiences, observed experiences are fine)  
Monitoring by certified team member is fine.

I would encourage all of you to read these guidelines carefully on the ADA website.

Essentially to administer moderate enteral sedation you will have to be IV trained. For those of you who just perform anxiolysis you also must be certified and trained under the new proposed guidelines. You do have to remain “at bedside” for the entire appointment.

Let’s say that you administer just 0.25mg of Triazolam 1 hour before treatment. Under the new proposed guidelines you first must have proper training. You will have to monitor your patient with a pulse/oximeter and stay in the operatory with that patient from the beginning of monitoring until dismissal. You will not be allowed to check a hygiene patient. The drug could be Valium, Triazolam, Lorazepam or whatever your drug of choice may be. You will not be able to administer even one small dose without following the proposed new guidelines.

I know there are many Virginia dentists who administer benzodiazepines in one form or another. To date, there is no credible evidence that general dentists, following current ADA guidelines and existing state regulations have ever caused injury to an adult patient, much less a fatality. That is saying a lot, given that nationally well over one million patients have benefited from oral sedation as administered by more than 7,000 specially trained dentists.

If the new guidelines are passed there are typically 18 states that rubber stamp the ADA guidelines. Virginia is one of those states. I believe that the public good will not be serviced by taking from general dentists procedures that we use safely on a daily basis and have used safely for well over a decade. If the ADA guidelines are passed they will effectively ban the vast majority of us from practicing oral conscious sedation because the new guidelines will require additional training and investment that is out of reach of all but a handful of general dentists.

Worst of all, the many, many patients who rely on us and oral sedation to ease their common dental procedures such as cleanings,

restorative, and periodontal treatment will have nowhere to go. There are not enough IV trained practitioners to treat these patients.

As members of the VAGD know well, in our Commonwealth we pride ourselves on our commitment to continuing education. Indeed, the VAGD boasts one of the highest percentages of members who have attained Fellows and Masters designations. We have been blessed to have such exemplary leaders as Bruce DeGinder, Ted Sherwin, Kirk Norbo, Cheryl Billingsley, and Maria Berdologos Mendrinos, to name a few. They and many others have championed the privileges of general dentists through their arduous work in the VAGD. We should also give kudos to Frances Kimbrough for her tireless work to support us. If it were not for our leadership and the conscientious efforts of our members we would not be where we are today.

I would hope that the VAGD could unite with the national AGD and other concerned dentists to work with the ADA to either keep or reasonably modify the existing guidelines for sedation that have thus far served us very well.

May our hopes and aspirations always be to do what is best for our patients while also seeking to preserve the privileges that have been bestowed upon us as general dentists.

Sincerely,

Robert Simmons, DDS MAGD

Want to help?

You can write a letter to:

Dr. Cheryl Billingsley - [www.VAGD.org](http://www.VAGD.org)

Dr. Terry Dickinson - [www.vadental.org](http://www.vadental.org)

Dr. Stephan K Young

CDEL Chair

211 East Chicago Ave

Chicago, Illinois 60611

E-mail - [haglundl@ada.org](mailto:haglundl@ada.org) or fax 1-312-440-2915.

*The opinions expressed here are those of the individual and do not necessarily reflect the views of the Academy of General Dentistry.*

## VCU/VAGD MasterTrack Program

*(Continued from page 7)*

or in the instance of a no show.

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For further information, contact Martha C. Clements, MEd, Director, [mccllemen@vcu.edu](mailto:mccllemen@vcu.edu), Phone: 804-828-0869 Fax: 804-828-6072. VCU School of Dentistry, Box 980566, Richmond, VA 23298.

### *Dr. Michael DiTolla*

*(co-sponsored with the Virginia Dental Association)*

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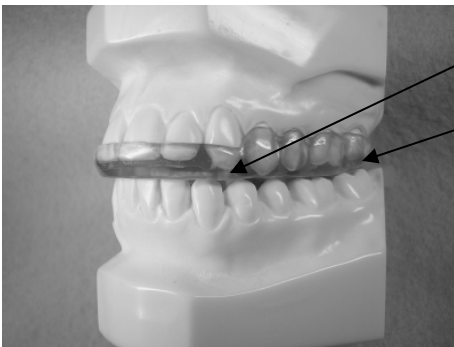


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The Virginia Academy of General Dentistry would like to congratulate the following members who have achieved Master or Fellow status:

The Virginia Academy of General Dentistry would like to welcome the following 14 dentists and students who joined between January and April, 2007:

### Masters

Willie K. Beasley, DDS, FAGD	Vienna
Arthur T. George, DDS, FAGD	Chesapeake
Priscilla H. Hamilton, DMD, FAGD, ABGD	McLean
Kendall R. Mower, DDS, FAGD	Chesterfield
C. Frederick Smith, DDS, FAGD	Lynchburg

Mustafa A. Al'Karagholi, DDS	Herndon
Frank L. Angus, DDS	Midlothian
F. Lee Angus, Jr., DDS	Midlothian
Jeffrey S. Burns, DDS	New Market
Craig W. Flaherty, DDS	Winchester
Nazila Ganji, DDS	Herndon
Ethel M. Greene, DDS	Hampton
Nicholas P. Heiner	Richmond
Emily Jenkins	La Crosse
Donald C. Robinson, Jr., DDS	Hampton
Ricky J. Rubin, DMD	Ashburn
Izzat A. Sbeih	McLean
Kimberly Townes, DDS	Alexandria
Michael K. Williams, DDS	Richmond

### Fellows

Hisham Barakat, DDS	VA Beach
Dennis Calvano, DMD	Verona
James S. Eaves, DDS	Woodbridge
Basil J. Friend, II, DDS	Colonial Hts.
Daniel B. LaGrua, DMD	Vienna
Richard A. McClure, DDS, ABGD	Newport News
Kamran Nikseresht, DDS	Chantilly
Thu-Nga H. Ortega, DDS	Fairfax
Tonya A. Parris-Wilkins, DDS	Chester
Lewis R. Wayt, DDS	VA Beach

*The Virginia Voice is published by the Virginia Academy of General Dentistry.*

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*The opinions expressed are not necessarily endorsed by the VAGD.*

*Editorials may be submitted to **The Virginia Voice** by any member of  
the Virginia Academy of General Dentistry.*

*If you are interested in contributing articles or other items of interest, please contact  
Pam Stover, DDS, at 434-973-7744 or  
the Central Office at 804-320-8803, 804-332-6815 fax or email VAGDmail@aol.com.*

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## Virginia Academy of General Dentistry 2007 Continuing Education Calendar

- May 4**      **Dr. Vasilios Mesimeris** — *“Bringing Immediate Load Implant Dentistry Into Your Practice”* - Holiday Inn Airport Hotel, Norfolk
- June 14**    **Dr. Michael DiTolla** — *“How To Correct and Prevent The Top 10 Crown & Bridge Mistakes”* - Norfolk Waterside Marriott Hotel, Norfolk (co-sponsored with the VDA)
- November Annual Meeting, Hospitality House, Williamsburg**
- 2nd**        **Dr. Ron Jackson (Nov. 2nd)** - *“The Art, Science & Simplicity of Direct Composites”*
- 3rd**        **Dr. Joseph Massad (Nov. 3rd)** - *“Dentures For The Baby Boomers: Updated Assessment Form, New Impression Techniques, Physiological Zoning of Tooth Placement, and Orthopedically Repositioning the Mandible”*
- 2nd**        **CPR Re-Certification Course (AM)**
- 2nd**        **ACLS Certification Course (Nov. 2nd [PM] and Nov. 3rd [AM])**
- 3rd**        **ACLS Re-Certification Course (AM)**

For further information, go to [www.vagd.org](http://www.vagd.org) (brochures available online), email [VAGDmail@aol.com](mailto:VAGDmail@aol.com) or call 804-320-8803.