



The same thing can happen to your teeth.

Like your favorite pair of shoes, teeth can wear thin over time. It's called tooth erosion and it can lead to small cracks and yellowing on the surface of your teeth.

The main cause of tooth erosion is the acid found in many of your favorite foods and beverages. But you don't have to walk away from enjoying them. Learn more about tooth erosion and what you can do to help your teeth from wearing.

For more information, visit www.agd.org or call 1.877.2X.A.YEAR (1.877.292.9327) for a general dentist near you.

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